ROCKLAND ROAD RUNNERS PRESENTS THE 35th ANNUAL

Wilfredo Fernandez

Gaga & Boppy

The Cairo Family

Robin & Andy Ackerman

Bernie & Eileen Casserly

SnowFlake 5k

Leonard Goldstein

Duke of Oil & Tune

The Humphrey Family

Brook Valley Podiatry

The Skin Center Dermatology Group, Dr. Peter Friedman

Marie A De Masi

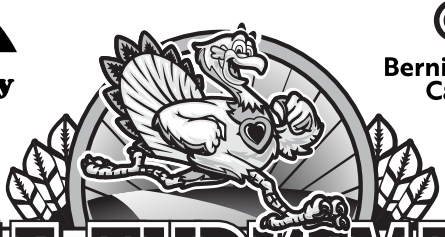
Jordyn Seiden

Angel Ortiz

The Treadaway Family

Hearing Solutions of Rockland

Stop&Shop



5 MILE TURKEY TROT

for the Marisa Fund

A CHARITY AFFILIATED WITH THE CHILDREN'S CANCER FUND

Thanksgiving Day, November 26th, 2026 – 8:30 AM



WHERE: Start & finish at Rockland Lake State Park, Congers, NY (north parking lot #1)

COURSE: First 2 miles are rolling hills, last 3 miles are flat (USATF certification #NY18091JG)

RACE DAY SCHEDULE: ***Race Starts at 8:30AM***

AWARDS: Top 10 m/f overall 10 & under, 11-15
Top 3 m/f overall 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+

No Pets Allowed

Long-sleeve shirts to all who pre-register before Nov. 18th.
IN PERSON REGISTRATION AT BRIDGES. *RUNNERS WHO REGISTER AT BRIDGES WILL RECEIVE SHIRTS ON A FIRST COME FIRST SERVE BASIS. - NOV 23, 24, 25*

FEES: **$35 - Early Bird (register before Sept 1)**
$40 - General | $25 - RRR members | $20 Senior (65+)

QUESTIONS? Call 914-522-3890 or email turkeytrotdirector@rocklandroadrunners.org

ON LINE: Register at www.rocklandroadrunners.org/turkeytrot

RACE RESULTS: Posted Next Day

PRE-RACE REGISTRATION SHIRT & RACE NUMBER PICKUP

Mon, Tues, & Wed
Nov 23, 24, 25
12 noon – 8 pm

Bridges
2nd Floor, Palisades Center
One floor up
from Best Buy

People to People

*Join the Thanksgiving spirit!

All participants are requested to bring nonperishable food for our annual food drive to Rockland Lake. All collected food will be given to "PEOPLE TO PEOPLE" for families in need througout Rockland County.

No Race Day Registration!

HAPPY THANKSGIVING!

FIRST NAME: _____ LAST NAME: _____ ☐ MALE ☐ FEMALE ☐ NON-BINARY

STREET ADDRESS: _____

TOWN/CITY: _____ STATE:_____ ZIP CODE:_____ PHONE: _____

E-MAIL _____@_____ AGE ON RACE DAY: _____ BIRTH DATE: _____

SHIRT SIZE: ☐ SMALL ☐ MEDIUM ☐ LARGE ☐ X-LARGE ☐ 2XL ☐ 3XL

Entry Amount Enclosed: ☐ $35 Early Bird (before 9/1) ☐ $40 ☐ $25 RRR members Membership #:_____ ☐ $20 Senior - Age 65+

☐ I would like to join the Rockland Road Runners. I have enclosed a separate check of $30 for membership.
☐ I/My business/corporation would like to be a sponsor for next year's Turkey Trot. Please contact me.

Make checks payable to: RRR ***Mail entry form to:*** Turkey Trot c/o RRR, P.O. Box 132, Congers, New York 10920

WAIVER MUST BE SIGNED

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete or assist in the event. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat, humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for participation, I for myself and anyone entitled to act on my behalf, hereby waive and release the Road Runners Club of America, the Rockland Road Raunners, the Palisades Interstate Park Commission, Town of Clarkstown, County of Rockland, People to People, Rockland County Policy Hispanic Society, New York State Police, Super Race Systems and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I understand that bicycles, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race and I will abide by this guideline. I also grant permission to the event organizers to use or authorize others to use any photographs, motion pictures, video, recordings, or any other record of my participation in this event or related activities for any legitimate purpose without remuneration.

ABSOLUTELY NO REFUNDS, EXCHANGES, OR TRANSFERS.

Signature: _____ Date: _____ Parent's Signature (if under the age of 18): _____

Contribute to a Cure

100% of your donation supports cancer research and suffering children and families.

The Marisa Fund is a team of volunteers who aren't paid a salary, nor pursue rich promotional or advertising campaigns. We keep expenses to a minimum so every dollar you give makes a difference.

Supporting Research

The Marisa Fund is dedicated to wiping out pediatric cancer in our lifetime...join us in the fight!

Helping Families

The Marisa Fund provides financial assistance to families of children with cancer when insurance is not enough and they are unable to meet the high cost of care

Support Your Favorite Runner

or get others to support you and help us to help kids with cancer by signing on to our donation page at

MarisaFund.org



$1.00
A $1 donation could be THE dollar that finds a cure for childhood cancer and puts an end to the suffering of sick children.

$10.00
A $10 donation pays for one hour of babysitting and allows mom and dad to take their child for chemotherapy while the healthy child remains at home.

$25.00
A $25 donation pays for one way transportation to the hospital or home from school for a sibling of a sick child.

$100.00
A $100 donation pays for basic groceries for a family whose dollars are spent on treatment, leaving no budget for food.

$250.00
A $250 donation helps pay for an iPad so family members can FaceTime with a sick child that can't be at home.

$500.00
A $500 donation pays for 1-2 hours of research with the top Oncology professionals in our country.

Want to donate by mail? No problem!

Donations can be made by mail by sending your check to:

The Marisa Fund
C/O David Goldwasser
3309 Leeward Drive,
Haverstraw, NY 10927

Please make checks payable to The Marisa Fund

Hearing Solutions of Rockland
Gail Cirlin Lazerus LCSW
Orange & Rockland
The Mitchell Family
BRIDGES REMOVING BARRIERS, ADVANCING AUTONOMY
SnowFlake 5k
Robin & Andy Ackerman
THE NATURE PLACE DAY CAMP
The Humphrey Family
Brook Valley Podiatry
Scott Sanders, MD DERMATOLOGY
Ed Rosenblum
Duke of Oil & Tune
SUFFERN MOUNTIES
DAVID'S BAGELS & HEALTHY EATERY
Sniff A Pickle
Mike Angarola
The Skin Center Dermatology Group, Dr. Peter Friedman
Susie & Leonard Buchan
The Pflaum Family
Kathleen Daly
Bill Sherry
Centerock Podiatry specializing in foot and ankle care
TAIKO
Jonathan, Kristen, & Riley
The Cairo Family
McDonald's New City
JIM MALONE
County of Rockland Office of the County Clerk
Mitchell S. Cairo, MD.
TEAM BEAM Ella & Molly
Lenny Sullivan
Marie A De Masi
Mom, Dad, Max & Noah
NYACK SMILES
eyemagination optical
Stop&Shop
The Treadaway Family
JZ Family Dental
BREAKTHROUGH FIT CO
Better Family
R2M REALTY, INC.
BRONX HOUSE
Chocolate Place
The Worms Family
KAYAL ORTHOPAEDIC CENTER
Carol and Bill Carpenter
Sayings For You, Inc. THE ADVERTISING SPECIALTY & BUSINESS GIFT PEOPLE
Retro Fitness Tappan Pearl River
Gaga & Boppy
Bernie & Eileen Casserly
Howie Martin
Kevin Stokes Excavating, Inc.
Tommy Gannon
Nadine Kohn
Wilfredo Fernandez
Kimberg Family
Iturbe Family
Rich, Sophia & Anthony Fernandez
DAVID CARLUCCI CONSULTING
Kirby & Buster
Endick Family
The Fariello Family
TAPPAN FIRE DEPT. N.Y.